



GREETINGS FROM THE NC TRIANGLE DANCES OF UNIVERSAL PEACE COMMUNITY!

The Dances of Universal Peace are joyous, meditative circle dances using singing, simple movements, and sacred phrases from the many spiritual traditions of the Earth to touch the deepest essence within ourselves and others. Based upon the work begun in the late 1960's by American mystic, Samuel L. Lewis, they enable realization and integration for individuals and groups worldwide. There are no performers or audience, and no prior experience is needed. Come join hands and experience peace within and without!

* [Link here](#) to view the current calendar of Dance gatherings and other events focusing on inspirational movement, sacred sound, and universal spiritual practice. Or visit our beauty-full website, www.beautycircles.org, your source for complete information about our community and programs!

* Stay in touch with the goings-on of the local community -- join the Triangle Dances of Peace email discussion group! To subscribe, email your full name and zip code to TriangleDancesOfPeace-subscribe@yahoogroups.com.

* www.SouthernDUP.org is a great resource for Dances of Universal Peace gatherings and communities in our region! For additional information about activities sponsored by Raleigh Dances of Universal Peace, please visit www.raleighdup.org.

* The worldwide Dance community is just a click away at www.dancesofuniversalpeace.org. Connect with North America Dancers at www.dancesofuniversalpeacena.org.

"In Beauty is the secret of Divinity." -- Hazrat Inayat Khan

Provided by [Rose Heart Sufi Community](#)